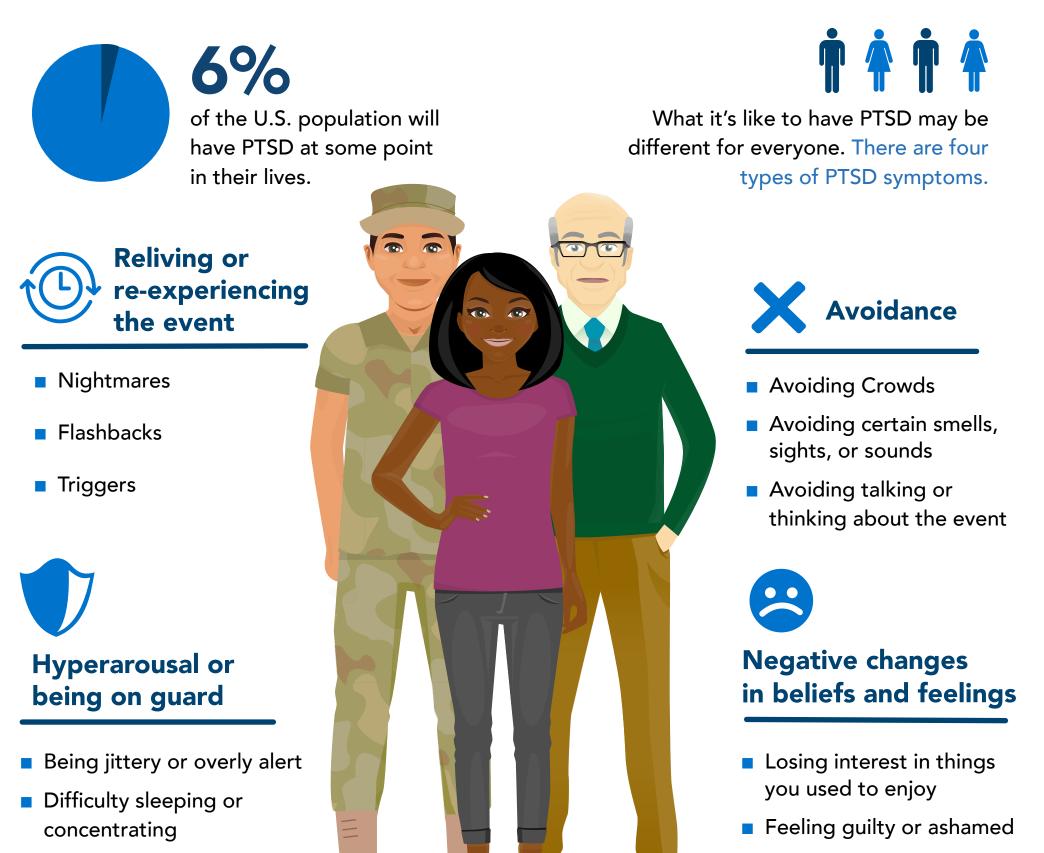
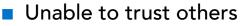
WHAT PTSD2

Posttraumatic stress disorder, or PTSD, is a mental health concern that some people develop after they see or experience a traumatic event.









Do you have PTSD Symptoms?

- Answer 5 questions to see if your thoughts and feelings are related to PTSD: <u>www.ptsd.va.gov/screen</u>
- Learn about and compare effective treatment options using the PTSD Treatment Decision Aid: <u>www.ptsd.va.gov/decisionaid</u>
- Explore the National Center for PTSD website for information, videos, and tools to help manage PTSD: <u>www.ptsd.va.gov</u>





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